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# Choosing Wisely 2022

for resource limited settings:

Reducing Low value  
cancer care for Sustainability

**Golden Jubilee Auditorium, TMH, Mumbai**



**September 2022**

Saturday

08:30 am – 05:30 pm



**September 2022**

Sunday

09:00 am – 01:30 pm



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# Choosing Wisely 2022

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17<sup>th</sup>

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## International Scientific Committee



### ARNIE PURUSHOTHAM

Director of King's Health Partners Cancer Centre, London, U.K.



### EDUARDO L. CAZAP

President SLACOM, Past-President UICC, Executive Committee NCI Argentina and Editor-in-Chief ecancermedicalscience



### SOUMITRA DATTA

Senior Consultant Psychiatrist, Department of Palliative Care and Psycho-oncology, Tata Medical Center, Kolkata, India



### BISHAL GYAWALI

Associate Professor in Medical Oncology and Public Health Sciences, Queen's University, Kingston, Canada



### R. A. BADWE

Director, Tata Memorial Centre, Mumbai



### C. S. PRAMESH

Director, Tata Memorial Hospital, Mumbai



### SANKALP SEKSARIA

Training Head for Cancer Care Program, Tata Trusts, Mumbai, India



### NAGESH SIMHA

Medical Director, Karunashraya Hospice, Bangalore



### JAYESH SHARMA

Chief of Medical Services, BALCO Medical Centre, Raipur



### SUDEEP GUPTA

Director, (Advanced Centre for Treatment, Research and Education in Cancer), ACTREC, Mumbai.



### BHAWNA SIROHI

Medical Director, BALCO Medical Centre, Raipur



### RICHARD SULLIVAN

Professor of Cancer & Global Health at King's College London (KCL), Director, Institute of Cancer Policy, U.K.

## International Event Coordinator

- Maria Castrillo Gil - ecancer
- Mary Guevara - ecancer
- Nimesh Bafna - Riverroute

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## Dear friends and colleagues

The choosing wisely meeting will be in its third year to be held in India in collaboration with **ecancer, Tata Memorial Centre, Mumbai; BALCO Medical Centre, Raipur and National Cancer Grid**. Amidst growing concerns of increasing cost of cancer care and financial toxicity incurred by patients, appropriate use of tests, procedures and treatments is crucial. As we move forward with newer drug with minimal benefits and high-end technology approvals, it has become increasingly difficult to make wise choices in clinic for practicing oncologists and patients. What is available may not necessarily be better or cost-effective.

It gives us great pleasure to invite you to this meeting on choosing wisely or avoiding wisely, especially avoiding overuse of treatments with no survival benefit or improvement of quality of life. Given that low value cancer care is ingrained in some systems, active awareness and efforts to de-implement these either by reducing / replacing / stopping these practices is the way forward for sustainability.

Within this context, we invite you for a thought provoking edition of our conference **“Choosing/Avoiding Wisely for resource limited settings: Reducing Low value cancer care for Sustainability” to be held on 17<sup>th</sup> and 18<sup>th</sup> September at Tata Memorial Centre, Mumbai**. One of the important discussions at the meeting is also to develop recommendation on avoiding patients exposure to unnecessary risks, both financial and treatment related.

Choosing wisely global initiative is to build on choosing wisely ASCO framework of expanding the use of relevant, accessible innovations and low-cost potential treatment to sustain patients' access to good quality care. Taking forward our agenda with experts passionate in this subject, we wish to contribute to the cancer care policy framework that garners the support of health professionals, patients, and citizens for enhancing the value of cancer care.

We look forward to welcoming you at this conference.



**BHAWNA SIROHI**

Medical Director,  
BALCO Medical Centre,  
Raipur



**RICHARD SULLIVAN**

Professor of Cancer & Global Health  
at King's College London (KCL),  
Director, Institute of Cancer Policy,  
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## Highlights

### Strategic priorities for choosing wisely

- De-implementing Low value care
- Moving wisely towards reducing financial toxicity
- Future directions for Choosing wisely
- Raising the bar in oncology clinical trials
- Building networks and collaborations
- Patient advocacy

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**17<sup>th</sup> September 2022,  
Saturday | 8.25 am to 12.45 pm**

Critical aspects of Clinical Research Workshop

Junior consultants/ DM/ MD/MCH  
students are encouraged to attend.  
This is physical meeting.

## Key Learning

- Clinical trials – should we believe what we read ?
- Practical advice in presenting your research
- Defining Value in Indian healthcare / low resource settings
- Choosing control arm /standard of care in a clinical trial

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**September 2022**

**Saturday**

**08:30 am - 05:30 pm**

## Day 1 - 17<sup>th</sup> Sep. 2022 | Scientific Program

8.25 am - 12.45 pm

### Critical aspects of Clinical Research Workshop

8.00 am onwards	Registration/Tea/coffee
8.25 am	Welcome <b>Bhawna Sirohi</b>
	<b>Chairperson: Prachi Patil</b>
8.30 am - 8.50 am	Importance of clinical research in advancing patient outcomes <b>Speaker: Scott Berry</b>
8.50 am - 9.10 am	Developing low cost therapies-practical tips <b>Speaker: Ian Tannock</b>
9.10 am - 9.30 am	Surrogate endpoints and benefit in clinical trials <b>Speaker: Chris Booth</b>
9.30 am - 9.50 am	Choosing the control arm/standard of care in clinical trials <b>Speaker: Bishal Gyawali</b>
9.50 am - 10.10 am	Asking the right research question <b>Speaker: Kumar Prabhash</b>
<b>10.10 am - 10.25 am</b>	<b>coffee/tea</b>
	<b>Chairperson: Richard Sullivan</b>
10.25 am - 10.45 am	Developing multicentric collaborations <b>Speaker: C. S. Pramesh</b>
10.45 am - 11.05 am	Interpreting statistics in a clinical trial <b>Speaker: Sudeep Gupta</b>
11.05 am - 11.25 am	Writing the research paper <b>Speaker: Vedang Murthy</b>
11.25 am - 11.45 am	Defining value in a low resource setting <b>Speaker: Sabita Jiwnani</b>

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## Day 1 - 17<sup>th</sup> Sep. 2022 | Scientific Program

11.45 am - 12.05 am

Perspective of ethics committee

**Speaker: Sarbani Ghosh Laskar**

12.05 am - 12.45 pm

Panel Discussion:

**Moderator: Vanita Noronha**

**Panelists:**

Scott Berry

Ian Tannock

Chris Booth

Bishal Gyawali

Kumar Prabhush

C. S. Pramesh

Sudeep Gupta

Vedang Murthy

Sabita Jiwnani

Sarbani-Ghosh Laskar

**12.45 pm - 1.30 pm**

**Registration and Lunch**

1.30 pm - 1.35 pm

Welcome

**Bhawna Sirohi**

1.35 pm onwards

Ecancer

**Danny Burke**

**ecancer** was founded in 2007 by two inspirational oncologists, Prof. Gordon McVie and Prof. Umberto Veronesi. ecancer's mission is to raise the standards of care for cancer patients across the world through education. **ecancer.org** was created as a free online platform which would allow everyone to share and benefit from new discoveries and developments. Every month ecancer supports tens of thousands of medical professionals worldwide to learn new skills, update their knowledge and improve the care for their patients with cancer.

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September 2022

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## Day 1 - 17<sup>th</sup> Sep. 2022 | Scientific Program

### Session 1

#### 1.45 pm - 3.15 pm | Setting the scene

**Chairperson: Bhawna Sirohi**

1.45 pm - 2.00 pm

Choosing wisely - The need and the challenges

**Speaker: Bhawna Sirohi**

2.00 pm - 2.15 pm

Defining value based care for LMICs

**Speaker: Bishal Gyawali**

2.15 pm - 2.30 pm

National cancer grid efforts in reducing low value cancer care including Choosing Wisely

**Speaker: C. S. Pramesh**

2.30 pm - 2.45 pm

The Coming Storm: Global Political Economy of Cancer

**Speaker: Richard Sullivan**

2.45 pm - 3.00 pm

Role of collaborative networks in driving the agenda

**Speaker: Susie Stanway**

3.00 pm - 3.15 pm

Q & A

**3.15 pm - 3.30 pm**

**coffee/tea**

### Session 2

#### 3.30 pm - 4.15 pm | De-implementing low value care

**Chairperson: Umesh Mahantshetty**

3.30 pm - 3.45 pm

De-implementing Low value cancer care – role of oncology organisations

**Speaker: Julie Gralow**

3.45 pm - 4.00 pm

Implementing health technology assessment for oncology care in India

**Speaker: Shankar Prinja**

4.00 pm - 4.15 pm

Guideline development, health care policies driving high value care

**Speaker: Scott Berry**

4.15 pm - 4.20 pm

Q & A

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### Session 3

#### 4.20 pm - 5.25 pm | My Top 10 Choosing Wisely for India

**Chairperson: C. S. Pramesh**

4.20 pm - 4.30 pm

Breast Cancer

**Speaker: Anupama Mane**

4.30 pm - 4.40 pm

GU cancers

**Speaker: Bhawna Sirohi**

4.40 pm - 4.50 pm

GI cancers

**Speaker: Bhawna Sirohi**

4.50 pm - 5.00 pm

Head and Neck Cancers

**Speaker: Kumar Prabhash**

5.00 pm - 5.10 pm

Lung Cancer

**Speaker: Sabita Jiwnani**

5.10 pm - 5.20 pm

Gynaecological Cancers

**Speaker: Shona Nag**

5.20 pm - 5.25 pm

Q & A

5.25 pm - 5.30 pm

Closing Remarks

**Speaker: C. S. Pramesh**

**7.30 pm onwards**

Faculty dinner

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**September 2022**

**Sunday**

**09:00 am - 01:30 pm**

## Day 2 - 18<sup>th</sup> Sep. 2022 | Scientific Program

9.00 am - 9.15 am	Registration and Coffee	
9.25 am onwards	Welcome <b>Bhawna Sirohi</b>	
<b>Session 4</b>		
<b>9.30 am - 11.15 am   Raising the bar in Oncology trials</b>		
	<b>Chairperson: Manju Sengar</b>	
9.30 am - 9.45 am	Defining clinically meaningful outcomes <b>Speaker: Ian Tannock</b>	
9.45 am - 10.00 am	Time toxicity in cancer care <b>Speaker: Chris Booth</b>	
10.00 am - 10.15 am	Trials in LMIC and HIC- are the standards applicable globally? <b>Speaker: Amol Patel</b>	
10.15 am - 11.00 am	Panel Discussion: Clinical trials in India- challenges to raise the bar <b>Moderator: Sudeep Gupta</b>	
	<b>Panelists:</b>	
	Vijay Patil	Seema Gulia
	Supriya Chopra	Gouri Pantvaidya
	Jayita Deodhar	Nikita Mehra
11.00 am - 11.15 am	Gordon McVie Lecture "Sustainability in delivering healthcare" <b>Speaker: R. A. Badwe</b>	
<b>11.15 pm - 11.30 pm</b>	<b>coffee/tea</b>	
<b>Session 5</b>		
<b>11.30 am - 12.45 am   Moving wisely to mitigate financial toxicity</b>		
	<b>Chairperson: Tapan Saikia</b>	
11.30 am - 11.45 am	Our problems, our solutions <b>Speaker: Vanita Noronha</b>	

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## Day 2 - 18<sup>th</sup> Sep. 2022 | Scientific Program

11.45 am - 12.00 pm

Early palliative care

**Speaker: M. R. Rajagopal**

12.00 pm - 12.15 pm

Challenges to developing quality of complex surgery in LMIC

**Speaker: Shailesh V. Shrikhande**

12.15 pm - 12.45 pm

Panel Discussion: Value based care-focus on education

**Moderator: Aju Mathew**

**Panelists:**

Sabita Jiwnani

Jayesh Sharma

B. K. Smruti

Soumitra Datta

Swarupa Mitra

Sharmila Pimple

### Session 6

#### 12.45 pm - 1.30 pm | Patient advocacy driving choosing wisely

**Chairperson: Nita Nair**

**Moderator: K. Geeta**

**Panelists:**

Nishu Singh Goel

Viji Venkatesh

Vandana Gupta

Vinay Deshmane

Vandana Mahajan

Harmala Gupta

Vineet Gupta

1.30 pm - 1.35 pm

Closing Remarks

**Bhawna Sirohi**

**1.35 pm**

**Lunch**

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